



Program Overview

Camping is a wonderful experience that provides many young people with an opportunity to discover, learn about and connect with nature.

Muogamarra Nature Reserve in Sydney's north is the ideal location for students to get a small taste of the

camping experience. During the day, the students will work in small teams to put up a tent, cook and eat damper with bush jams and discover Muogamarra's plants, animals and Aboriginal heritage during a bush walk.

Learning Experiences

Bush Damper making

During this activity, students will learn to prepare damper before carefully and cooking the damper around a campfire. Whilst the damper is cooking, the students will toast marshmallows. Once their damper is ready, the students will eat their damper topped with some native bush jams including lilli pilli, Davidson Plum or Rosella.

Group Activity - Tents

The day commences with students working in small groups to put up a small two-man tent. This involves working in teams in a cooperative way to construct the tent. Once completed, the students will have an opportunity to eat their morning tea next to their tent, and at the completion of the day, they will work together to pack the tent away.

Sensory Walk

The aim of the sensory walk is for students to explore, through a variety of sensory activities, the features of the Nature Reserve. Through smelling leaves and observing

the amazing variety of plants the students will gain an understanding of one of the reason that makes this a special place.

During the walk, the students will also hear about and visit Tippers lookout to learn how the Reserve was cared for and protected early on.

Bushtucker Walk to traditional and historical sites

The bushwalk also provides the students with an opportunity to discover some of the traditional foods and other resources that are found in the area. This includes plants and other natural materials that provided tools, medicine and food to the local Aboriginal peoples.

The students will have an opportunity to visit and learn about several important cultural and historical sites that are hidden inside Muogamarra.

Key Syllabus Outcomes and Content

Geography K-6

Contributes to:

The Earth's Environment

Perception of environments

Students:

- investigate the ways people, including Aboriginal and Torres Strait Islander Peoples, value environments, for example: (ACHGK022, ACHGK023, ACHGK024)

PD/H/PE

INS2.3

- Makes positive contributions in group activities

INS3.3

- Acts in ways that enhance the contribution of self and others in a range of cooperative situations.